

SPOKE

Conestoga College, Kitchener

ORIENTATION ISSUE 2000

What's Inside



Peer services is looking for tutors.

PAGE 4



Conestoga Students Inc. represents students.

PAGE 10



Students can turn to LRC staff for help.

PAGE 11



Conestoga College names new radio station manager

By Tracy Ford

The recently named manager of Conestoga College's new radio station says it will give students a chance to practise their craft in a professional atmosphere.

"My goal is to run it like a professional radio station," said Paul Osborne, who left his position as director of business operations with the Guelph Storm of the Ontario Hockey League and began preparing the radio station which goes on air in late fall.

CJIQ will broadcast from Global's TV tower in Paris, Ont., and will be found at 88.3 FM. The signal will reach most of southern Ontario from the Lake Erie shore north to Fergus, east towards Milton and west towards Woodstock.

The Canadian Radio-television and Telecommunications Commission (CRTC) granted Conestoga's request for a FM radio frequency in the summer of 1999.

"Students in the broadcasting — radio and television program and the new journalism — print and broadcasting program, which began last year, will be heard on the radio."

"It's mostly second- and third-year students that will get on it (the station)," said Osborne. "There will be auditions and interviews just like for any other job."

He said the station will help employers in the listening area get

a good idea of students' capabilities by tuning in to a live broadcast. "There is no editing, like in a demo tape," said Osborne. "It gives the employer a real good picture of what the student can do in a real life situation."

There will be 33 hours of talk programming each week and during the day there will be music as well. Osborne said there will be a morning show and a drive home segment similar to formats at other radio stations. In the evenings there will be community programming.

"My goal is to run it like a professional radio station."

*Paul Osborne,
manager of college's
radio station*

"We are wide open right now for suggestions from students and the public and we will have to see what fits in best," he said.

There will be significant opportunity for community volunteers because of the station's desire to carry a wide variety of programming. There will be music, news and information, public affairs and live events such as hockey games and concerts.

"It won't happen where one student comes in with his favourite CDs one hour and just does what he wants to do and then the next student comes in with her favourite

CDs," Osborne said.

There are guidelines set out by the CRTC, the programming has to be planned and announcers must stick to it. "This will be a formatted radio station that is run professionally and we have to protect our licence. We can lose it in a heartbeat if we don't respect the rules laid down by the CRTC," he said.

Osborne said aside from learning about the technical aspects of a radio station, students will do live interviews. He said there will be a large talk content as well as musical aspects.

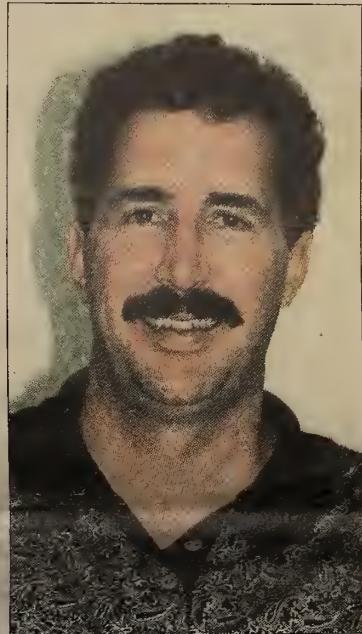
Students working on the radio station will earn marks for various courses but work on the station will not be a course of its own.

The station will be on air 24 hours a day, seven days a week but digital equipment the college has purchased will allow for broadcasting of pre-recorded segments.

"It will be completely digital delivery, which means the announcers won't have any CDs or anything like that. It's all on hard drive and computer screen," Osborne said.

"It really is going to be as good or better than most professional radio stations," he said.

Osborne has 18 years of experience in the field since graduating from the broadcasting — radio and television program at Niagara College in 1982. He was station manager at CJOY/Magic 106.1 FM in Guelph and then became vice



Paul Osborne is Conestoga's new station manager for the college's radio station which will be on air in late fall.

(Photo by Tracy Ford)

president/general manager at The Zone at 92.9 in Cambridge before going to the Guelph Storm. He has decided to continue to write his regular sports column for the Guelph Tribune.

He said he has lectured at Niagara College and has always been interested in passing on his knowledge.

Students may have trouble finding housing

By Petra Lampert

Conestoga College students in need of housing for the fall semester may have a difficult time searching, because the listings on the college's housing registry are rapidly decreasing.

According to student services clerk Elaine Brunk, mid July to the end of August is one of the busiest times for students looking for housing.

"At least five or six students a day are coming in to look at the housing registry," said Brunk. "By the time school starts we would have less than 10 per cent (of housing) available."

Student services staff helps students by explaining the different districts where housing is available and offering them use of a phone to call landlords.

"When they come in we give them the housing list and offer them a sample landlord

agreement so students can protect themselves," Brunk said. "So they know that everything should be in writing."

She said as of Aug. 16 there were about 95 landlords on the list with 95 per cent of them wanting to share their home with students and offering kitchen privileges.

"At least five or six students a day are coming in to look at the housing registry."

*Elaine Brunk,
student services clerk*

"Some landlords will take co-op students, while others only want students from September to April," said Brunk.

She said student services expects to add Cambridge landlords to the housing list

because buses will start running from Cambridge to the college in the fall.

The college does not check out the landlords and is not responsible for any problems that may arise when students use the registry.

"We have very few problems with our landlords," Brunk said. "Maybe one complaint a year."

She said if a student comes in to complain, the director of student services, Jack Fletcher, looks into it and contacts the landlord.

Student services also tells students about the college's residence.

"We're looking forward to having the new residence that will give more housing to students," Brunk said.

The housing registry list is updated every two weeks and is available at student services and the security office. Available housing is also posted on the board in front of student services at room 2BO2.

Student services offers support

By Sherri Osment

The campus and the course loads may seem fairly imposing to new students at the Doon campus, but there are areas throughout the school to help with students' problems. One of these is the student services office, located just around the corner from the Roasters coffee shop, in room 2B02.

Student services offers a variety of personal and academic supports.

Some of the personal supports are in the form of groups and workshops, including topics of self-esteem, relaxation, suicide intervention, study skills and test and public speaking anxiety.

Student services also offers counselling. All of the counsellors

have master's degrees in counselling or social work and all counselling is confidential. Counsellors are available at the Doon campus for about three and a half days a week, said Carol Gregory, co-ordinator of student services.

Counsellors are also available at the satellite campuses, for one day a week at Guelph and two days a week at Waterloo. Students from the Stratford and Cambridge campuses can call the office, at 748-5220 extension 360, and come in to Doon.

A student falling behind in a course can also arrange for peer tutoring offered through the student services office.

There are also supports provided to students coming to the college

from different cultural backgrounds, in the form of support groups and peer host matches. Peer hosts are student volunteers who pair up with multi-cultural students and help them adjust to life at Conestoga.

Student services provides information on resources available throughout the college and in the community.

Gregory said student services is a good place to start looking for the answers to problems.

"If we can't help a student, or don't have the answer, we'll try our best to find out," Gregory said.

To access these supports it is necessary to make an appointment. The best way to do this is to bring a class schedule into the office and



Some of the student services staff. From left to right: Lynn Robbins, counsellor; Jeanette Walker, front office staff; Melissa Turner, peer services administrator; Barb Kraler, counsellor; and Carol Gregory, co-ordinator of student services.

(Photo by Sherri Osment)

schedule a time with the front office staff, Gregory said.

"To sum it up," Gregory said,

"it's (student services) to support students with any barriers they might have."

Support groups available for international students

By Ray Bowe

Conestoga College's student services department offers multicultural student support groups for international students.

The group, usually made up of about 10 students, is designed to relieve feelings of isolation, acquaint students with others from different cultural backgrounds and help students learn about Canadian culture. It gives students a chance to talk about their own culture.

Shawna Bernard, a learning skills advisor with student services, said prior groups have consisted of students from Japan, China, Vietnam, United Arab Emirates and countries on the African continent.

Students wishing to join the support group should go to the student services office the first week of October, Bernard said. The group will meet once a week beginning the second week of October. Groups will be scheduled around existing student timetables.

Although students often come to the group alone, they do usually flock to those from familiar countries or areas of the world, she said.

To avoid confusion, this is a separate service from the peer host program, where students join with peer hosts who expose them to Canadian culture. The students gain exposure through classes, facilitators and sharing their expenses.

Bernard said many students from warmer climates have difficulty adjusting to the harsh Canadian winters. For others, it is the food. Bernard added that many students are perplexed at the clouts pets hold in North American households.

For some international students from less-developed countries it can be hard adapting to technologies such as the Internet and phone cards. Regular rituals such as food preparation also can be daunting.

Bernard joked about how many males have not cooked their own meals before because the practice is discouraged in their society. However, she noted that many students find that talking about the culture shock helps them overcome their anxieties. Cultural shock makes the students feel lonely, homesick and stressed out, she said. The language barrier is often the hardest obstacle to overcome.

Student services offers a potluck dinner where students can share foods from their homeland. International students can also prepare a cultural knapsack, which features games and clothing from their native land.

International students are recruited through the college's international office promoting the English as a second language program.

To book an appointment go to the student services office at 2B02, to the left of Door 4.

Message from the President

Welcome to a new year at Conestoga College.

Whether you are a new or a returning student, I am certain that you are prepared to do your very best and to gain the full benefits of your educational experience at Ontario's #1 college.

Our students and graduates are the key to Conestoga's success and reputation, and I am confident that you will be an active participant in our tradition of excellence.

Many new and exciting developments are on the horizon. Conestoga is preparing proposals which may well result in our being the first Ontario College to earn the right to grant applied degrees. We are on the verge of finalizing an arrangement with Mohawk College and McMaster University to offer a Bachelor of

Science in Nursing program.

Our new radio station (88.3 FM) is just a few short months from its launch. In the fall, we will announce the beginning of the Conestoga College Scholarship Foundation, which will offer even greater opportunities for outstanding students.

We continue to expand and improve our computer capabilities, thanks to grants under the Strategic Skills Investment program.

In the spring of 2001, we will begin a major expansion of the Doon campus, resulting from the province's SuperBuild Growth Fund.

Our region has a reputation for growth, innovation and achievement. It is economically progressive and dynamic -- clearly a leader in trans-

forming Ontario and Canada into a major force in the global economy.

Whatever your area of study, Conestoga has much to offer you -- excellent faculty, outstanding curriculum, high-quality facilities and services, and opportunities for involvement in activities as diverse as varsity and intramural athletics, peer tutoring, student government, clubs and student events.

I encourage you to be an active member of the college community, making Conestoga a great place to be and helping shape an even brighter future for the College.

I wish you the very best for a successful and rewarding year.

Dr. John W. Tibbits
President, Conestoga College

EMPLOYMENT OPPORTUNITIES	
Name:	Phone Number:
Program:	Student #:
Address:	E-mail address:
City:	Postal Code:
Please check ✓ employment opportunity of most interest	
<input type="checkbox"/> Walk Safe Program Staff In co-operation with the Conestoga Security, the Walk Safe program is designed to provide additional safety and security to the College community. Walk Safe staff are responsible for walking students and staff to their vehicles or residence.	
<input type="checkbox"/> Pub Staff Responsible for bartending, cash, and security at CSI licensed events. Must have Smart Serve certification.	
<input type="checkbox"/> Pub Manager Assisting with the co-ordination and supervision of pubs staff and events. Responsible for training of pub staff. Must have Smart Serve certification, and be able to attend all licensed events. Must be able to complete two office hours per week.	
<input type="checkbox"/> Entertainment Manager Responsible for supervision of the entertainment crew. Knowledge of PA (public address) equipment (ie hook-up of microphones, speakers, audio visual equipment etc.) Must be able to complete two office hours per week.	
<input type="checkbox"/> Entertainment Crew Assisting with setup of equipment for events. Knowledge of audiovisual equipment, microphone, speakers etc. would be an asset.	
Please attach a resume and return to: Conestoga Students Inc. 299 Doon Valley Drive Kitchener, Ontario N2G 4M4	
For further information Phone: (519) 748-5131 e-mail: listen@conestogac.on.ca Website: www.conestogac.on.ca	
DEADLINE FOR APPLICATIONS IS AUGUST 21, 2000	



PRESIDENT JOHN W. TIBBITS

Safe haven created

Gay students will be able to support each other

By Laura Czekaj

A gay and lesbian support group will once again be established this September by Conestoga College's student services to provide gay and lesbian students with a safe haven to meet other students and gain support.

The group, which has been organized by student services for the past five years, is an excellent way for students to network with others and discuss issues important to them, according to Barb Kraler, a counsellor with student services and past organizer of the group.

She added that although forming a group is promoted through ads in Spoke and flyers, the group will only operate if students show an interest. She said forming a group is often difficult because of students' busy schedules, and some years, like last year, students prefer to meet once, then contact one another by phone if they need support.

"College students have so much more class time compared to university students," Kraler said. "There is also a smaller population."

Kraler said she sometimes refers Conestoga students to the University of Waterloo's gay and lesbian support group, Gays and Lesbians of Waterloo (GLOW), because it provides in-depth support and has been established in the community for many years.

GLOW, which has been operating since the 1970s, is funded by UW and provides scheduled support groups for people coming out and for those who need support from other gays and lesbians.

Jonathan Allen, co-ordinator of GLOW, said although the group is based at UW and the majority of participants are students, there are quite a few people in the community who use the service. He said he has met Conestoga students who participate in the group on a regular

"Students feel comfortable because it's students they see in class and they gain peer support through that"

*Barb Kraler,
student services counsellor*

basis.

Allen said the best thing about the groups is the access students have to meeting their peers who are experiencing the same things.

"Students feel comfortable because it's students they see in class and they gain peer support through that," he said.

Allen said the group's purpose is to offer a gay-positive atmosphere.

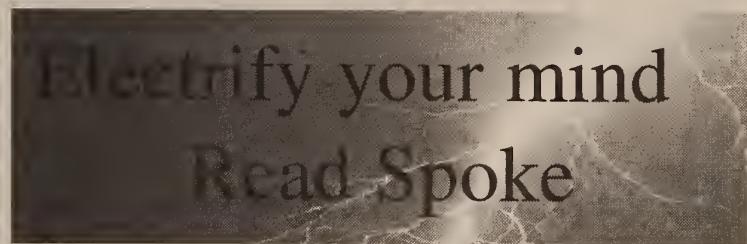
The group gets a turnout of roughly 50 students year round and is listed in the UW resource book,

as well as the telephone book and resource guides for Ontario. GLOW also has a support line that is confidential and offers peer discussion and advice by trained GLOW staff. Allen stressed the phone line does not offer counselling, but said staff can give callers the number of someone to talk to in extreme cases. The group also has a Web site (<http://www.csclub.uwaterloo.ca/clubs/glow/>) that offers information about events and group e-mail lists. The phone number for GLOW is 884-GLOW (4569).

Both GLOW and Conestoga's support group are flexible when it comes to meeting students' needs. Allen said people who attend the meetings set the pace and that there are special considerations for people just coming out compared to those who have been out for awhile.

Kraler said students services staff at Conestoga leaves it up to students as to whether the group should meet on a regular basis or students want to get one-on-one counselling from student services. Kraler said the most important thing for student services is to let students know student services is a gay-positive environment and a safe place to seek support.

"Gay and lesbians students are here and they may have issues and they may not, but the group gives them an opportunity to network," she said.



VOLUNTEER OPPORTUNITIES

Name: _____ Phone Number: _____

Program: _____ Student #: _____

Address: _____ E-mail address: _____

City: _____ Postal Code: _____

Please check ✓ where you would like to volunteer

Awareness Week Planning Teams

Responsible for assisting with the planning and promoting of awareness activities

- | | |
|--|---|
| <input type="checkbox"/> AIDS Awareness | <input type="checkbox"/> Date-Acquaintance Rape Awareness |
| <input type="checkbox"/> Alcohol Awareness | <input type="checkbox"/> Safe Break Awareness |
| <input type="checkbox"/> Remembrance Day Service | <input type="checkbox"/> Elimination of Racism Awareness |
| <input type="checkbox"/> Eating Disorders Awareness | <input type="checkbox"/> Sleep Deprivation Awareness |
| <input type="checkbox"/> National Day of Remembrance of Violence against Women | |

Class Rep

Responsible for representing your class with ideas, suggestions, and concerns. Assisting with promoting CSI events and services. Class reps meet twice per month.

CSI Board of Directors

Responsible for overseeing the operations of the CSI Executive Committee. Meetings are held twice a month. 21 positions in total - 12 are filled. Looking for first year representation. Elections will be held in mid September if necessary. Honorarium of \$50.00/month.

Anything

I just want to get involved!!!

PLEASE COMPLETE AND RETURN TO THE CSI OFFICE

By August 21, 2000 - THANKS!!!!

Conestoga
College 

Quality Policy

Conestoga College continually seeks opportunities for improvement to meet and exceed the needs of our students, employees and communities.

ISO 9001

Setting new standards.
Conestoga College 

Peer services needs student tutors

By Petra Lampert

The college's peer services department is looking for peer tutors and peer hosts to help fellow students with course problems or to adjust to the Canadian culture.

Students are needed as peer tutors to work as subject, writing centre and literacy lab tutors.

Peer hosts are also required, to provide help to new students from other cultures in areas such as college orientation and moral support.

"We're looking for students who have good communication skills, good interpersonal skills and who have a genuine interest in working with others and enjoy doing that," said Melissa Turner, peer services administrator.

Students who are interested in becoming a peer tutor or peer host must complete an application form, followed by a one-hour interview. Once chosen, students must complete a four-hour training session.

There are requirements for peer tutors. Students wishing to be a subject tutor must have a mark of 80 per cent or higher in the course they wish to tutor, plus hold a 75 per cent average in all of their courses.

Writing centre tutors should have a strong English background — either university experience or at least a mark of 80 per cent or better in their communication courses taken at the college.

In order to qualify as a literacy lab

tutor, students must maintain a B average and have a background in working with computers or possess strong computer skills. Extra training is required for writing centre and literacy lab tutors.

Turner said working in the literacy lab is a good opportunity for students. It's run through the learning opportunity project, which is run through the special needs office.

The literacy lab, located in room 2A113, has different types of adaptive technology and software for students. The adaptive technology helps students with learning disabilities. English, math and health-related resources are also available on the computers.

Peer tutors are trained on various software programs and how to use the lab in order to help the students who come in. During any given time, including some evening hours, there is always a peer tutor in the lab.

Turner said peer services is flexible with its tutors, who can make a one-hour-per week commitment or tutor a maximum of three students at a time.

All peer tutors earn \$9.50 per hour. Students requiring a tutor pay \$15 for a contract that consists of five one-hour sessions.

Turner said peer services recognizes students who have financial hardships and makes accommodations for them.

She said Conestoga Students Inc. (formerly known as the Doon Student Association) believes the tutoring service is important and gave peer services a \$3,000 donation for the last academic year.

Turner said tutors have described the experience as a positive one and their self-confidence has increased.

"The philosophy of our program is students helping students," said Turner. "It's simple, but it really does work."

Turner said peer hosting, unlike peer tutoring, is a volunteer opportunity and there are no grade requirements. Peer hosts would be helping international students or students who are landed immigrants adjust to Canadian life.

Turner said peer hosting is essentially a buddy system. The host is matched up with someone who's new to the college and from a different culture, in order to make the transition a little smoother.

Turner said the benefits of peer hosting are endless and students have the opportunity to learn about different cultures

"Our goal for this year is to increase awareness and encourage more students to become involved."

*Melissa Turner,
peer services administrator*

"Peer hosts should have strong communication and interpersonal skills and be very open to diversity," said Turner.

She said the peer host duties are flexible and require only a one-hour-per-week commitment from the student.

"All we ask is you have a desire to learn about other cultures and enjoy working with people."

Peer hosts answer any questions newcomers may have about the college or community and show them around the college.

Turner said the college always needs more peer hosts and she would love to see more students become involved.

Although there are over 80 peer tutors each semester, the peer host intake was begun in 1997 and therefore tends to be much smaller.

"Our goal for this year is to increase awareness and encourage more students to become involved," said Turner.

Peer services wants to increase awareness through class visits to recruit people for peer hosting, she said.

"Volunteer work is so valuable when you leave the college and you have that on your resume," said Turner.



Melissa Turner, peer services administrator, stands in front of the peer tutoring bulletin board.

(Photo by Petra Lampert)

"I've had many employers call for references and students who have done well and worked for us have been able to use this."

Students interested in becoming a tutor or peer host can come to student services in room 2B02 to fill out an application.

Turner advises interested students to apply early because the training occurs during the third or fourth week of September.

However, undecided students may wait until the winter semester because peer services hires again during this time.

Welcome to Cambridge Campus

Employment Training Readiness

Focus for Change

Academic Upgrading

We Wish You Success

GROUPS AND WORKSHOPS SCHEDULE

Fall Semester 2000

Gay/ Lesbian/ Bisexual/ Transgendered Discussion & Networking Group

To Be Announced

Multicultural Support Group

Week of Oct. 2

Suicide Prevention Workshop

Week of Oct. 2

Relaxation Group

Week of Oct. 9

Public Speaking Anxiety Group

Week of Oct. 23

Test Anxiety Group

Week of Oct. 30

Stress Management Workshop

Week of Nov. 6

Study Skills Workshops

Time Management

Mon., Oct. 2

Listening and Note-taking

Mon., Oct. 16

Multiple Choice Tests

Wed., Oct. 25
Mon., Oct. 30

Effective Textbook Reading

Mon., Nov. 6

Multiple Choice Tests

Wed., Nov. 15

Preparing for Final Exams

Mon., Dec. 4
Wed., Dec. 6

STUDENT SERVICES CAN HELP STUDENTS WITH...

○ ACADEMIC COUNSELLING & LEARNING SKILLS

- ✓ Assessment of learning barriers
- ✓ Help with textbook reading
- ✓ Help with test-taking strategies
- ✓ Effective studying/note-taking
- ✓ Screening for suspected learning disabilities
- ✓ Assistance with academic complaint procedures

○ PEER TUTORING

- ✓ Subject-specific difficulties
- ✓ One-to-one and group tutorials

○ CULTURAL ADJUSTMENT & COLLEGE ORIENTATION

- ✓ Peer host matches
- ✓ Multicultural Support Group

○ PERSONAL COUNSELLING

- ✓ Loneliness/ Adjusting to a new community
- ✓ Financial Issues
- ✓ Depression
- ✓ Talk about personal concerns
- ✓ Self-esteem
- ✓ Relationships
- ✓ Anxiety
- ✓ Anger

○ GROUPS & WORKSHOPS

- ✓ Self-esteem
- ✓ Relaxation
- ✓ Suicide Intervention
- ✓ Test & Public Speaking Anxiety
- ✓ Study skills (e.g. Time Management)
- ✓ Other Topics

○ INFORMATION

- ✓ Campus resources
- ✓ Community agencies
- ✓ Study skills
- ✓ Housing
- ✓ Community events

○ CAREER EXPLORATION

- ✓ Discuss your plans for the future
- ✓ Explore alternative career and/or educational options

Please inquire about and sign up a week in advance for the above groups or workshops in Student Services, Room 2B02.

HELP, WHERE ARE YOU??
2B02, Inside Door #4, next to "Roasters"
Phone 748-5220 Extension 360

What you missed during the summer

By Tracy Ford

These are some of the things that happened at Conestoga College over the summer:

Applied degrees

Applied degrees became closer to a reality for Conestoga after Minister of Training, Colleges and Universities Dianne Cunningham announced on April 28 that the Ontario government will allow colleges of applied arts and technology to offer applied degrees. College president John Tibbits said applied degree programs could begin as soon as fall 2001.

CSI

On May 1, Conestoga Students Inc. revealed their new logo after changing their name from Doon Student Association. The logo was designed to show the organizational stride toward unity among students, campuses, faculty and the college.

SuperBuild

The college was given \$14.2 mil-

lion by the Ontario government at the end of May to create 17 more classrooms. The money was part of the SuperBuild Growth fund. The money was short \$25 million of the college's requested \$39 million to help build a new Waterloo campus. The college will be building a new wing beside the school of business in the D wing.

New technologist

In June, a new technologist for the broadcasting – radio and television program was named, and he began work on Aug. 1 replacing Dan Fisher, who retired in May. Tim Goebel, a graduate of the college's broadcasting program in 1981, left his job as an announcer at KOOL FM, a radio station in Kitchener, to fill the position.

Preston Manning

Preston Manning visited the college's recreation centre as part of a Canadian Alliance membership rally on June 5. Conestoga was chosen as the venue because of the size of the gymnasium in the recreation centre and the location of the college, according to Beth Davis-

Lauer, organizer of the food and entertainment for the event.

IEEE conference

The Employees for Excellence in Education conference kicked off on June 16, offering a chance for college staff to meet one another and learn about facets of the college they ordinarily would not have access to. Edie Torbay, the conference organizer, said the conference was important because it gave faculty a chance to recharge their batteries and get a break from their regular routine.

Memorial award

A new award designed to recognize police foundation students was given to Renee Harnack during the June 22 convocation ceremony. The award is in memory of Sgt. Margaret Eve, an OPP officer and graduate of Conestoga College, who died in an accident on Highway 401 on June 9.

Memorial plaque

Plans for a memorial plaque to be hung in the Sanctuary by the

CSI were announced after Terry Brenner, 20, a mechanical engineering (automated manufacturing) student, died after being fatally injured in a car accident on Highway 58 near the Welland Canal tunnel during the Canada Day weekend. Another student, Ralph Logan, a 40-year-old engineering/robotics and automation student completing his co-op placement, died of a heart attack on July 27.

Alumni magazine

Conestoga's alumni magazine published in July featured six graphics arts graduates who have ended up working for the same company. Davis and Associates hired six graduates beginning in 1979. The most recent grad was hired in 1996. A copy of the magazine can be picked up in the Alumni Services office in 2B08.

KPI survey

Conestoga tied for first overall in the KPI survey for the year 2000 along with Confederation College in Thunder Bay. However, Conestoga failed to place first in

the four main separate categories – graduate employment rate, graduate satisfaction, employer satisfaction and student satisfaction.

Print shop

The college announced on July 19 it may contract out the print shop to a private firm and asked potential bidders to compile a proposal under which they would operate the print shop for a 10-year term. The decision was made after the college saw the significant investment needed for the print shop equipment. Shortly after, public service workers union local president Ann Wallace distributed letters asking the college's employees to express their concerns about the privatization of the print shop.

Job strategy

The Rural Youth Job Strategy program was announced on Aug. 1, a new initiative by the private sector and the Ontario government aimed at creating graduates who will bring new skills to the workforce and contribute to rural economic growth.

**Read
Spoke**

Welcome to
Stratford Campus

Employment Training Readiness
Academic Upgrading
Job Connect
Literacy/Numeracy
Continuing Education

We Wish You Success

Before it Happens to you . . .

. . . The CSI will help you prevent it

College Survival



Awareness Week

- *Money
- *Relationships
- *Sex
- *Time Management

- *Drugs
- *Racism
- *Eating Disorders

From Monday September 18th

To Friday September 22

Party over to Goodwill

for furniture
clothing
household stuff

Goodwill
1348 Weber Street E.
Kitchener, Ontario
(519) 894-0628

Big business dump creates a stink

What better than a huge heap of Toronto's garbage to incite the adventuresome spirit of tourists who will now be forced to think twice before they say there's nothing to see in Kirkland Lake.

Imagine how the Tilley-hatted tourists from around the world will feel when they hear that they can drive six hours north of Toronto to see not only the untouched splendour of Canada's hinterlands, but also heaps of dirty diapers, used condoms and abandoned plastic articles.

Imagine the buzz in tourist bureaus worldwide.

According to an article in The Record, Kirkland Lake's business tycoons see the dumping of 20 million tonnes of Toronto's garbage near the town as not only being a great opportunity for job growth, but also as a tourist attraction — the Taj Mahal, Niagara Falls, the Leaning Tower of Pisa, and, oh yes, Kirkland Lake's massive dump.

They say they are willing to conduct tours of the dump where state of the art equipment is supposed to trap contaminants and then destroy them. A system that is revolutionary, and one that has only been attempted on computer — never in practice.

A system that critics say is terribly fallible.

"If the contaminants from garbage seep out of the mine and into the underground water, then the consequences could be far more horrible than those witnessed in Walkerton," wrote a scientist.

Others say that because of cracks in the mine where the dumping will take place, our Great Lakes may become the dumping ground for massive amounts of Toronto's pollution.

Toronto city councillors were notified of the vulnerability of the surrounding water systems but voted against a dye test that would identify cracks in the mine's foundations.

Seems strange in light of the recent devastating news of the poor quality of Ontario's water.

Seems stranger, but not particularly surprising, that the interest of big business would once again ignore the very dire state of the environment.

Toronto Mayor Mel Lastman said there was little that Toronto could do to stop the proposed dumping of its garbage in Kirkland Lake.

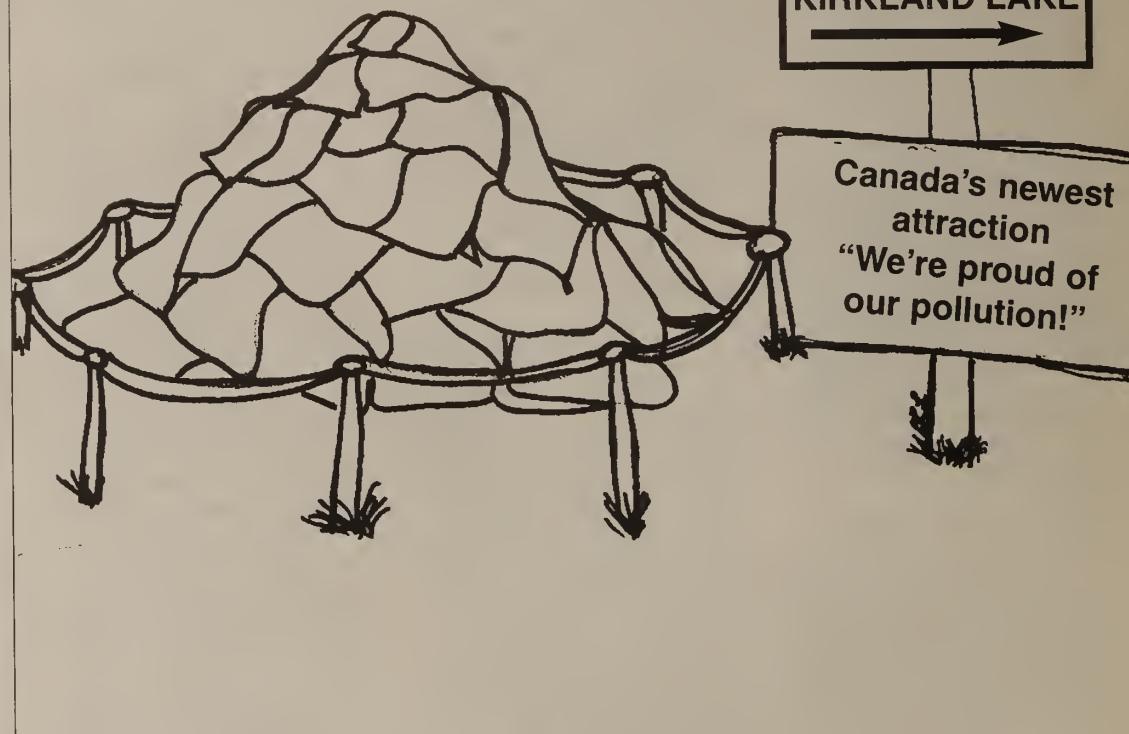
"They came to us," said Lastman, as if this somehow means that there was nothing he could do to stop it.

Environmentalists fail to see how a project that could result in mass pollution of the Great Lakes waterway and a threat to drinking water can possibly be justified, and have decided to entangle their case with the most enormous of Toronto's possible cash-cows, the Olympic bid.

In hopes of stunting the project, they are hoping that the concept of Toronto dumping its garbage irresponsibly will not be looked at favorably and that the city will back down if it thinks it may lose millions of dollars by not being able to host the games.

The environmentalists are being forced to play by the only rules that seem to be effective these days in dealing with business — by threatening the loss of business.

It's critical that Toronto not be able to dump its tonnes of garbage in Kirkland Lake. It is an irresponsible and damaging gesture that clearly demonstrates big business's lack of understanding of the important environmental issues facing the globe.



Party continues as bouncer dies

On Saturday, Aug. 12, about 2,000 partygoers at Toronto's The Guvernment night-club drank and danced while one of the club's bouncers was killed amongst them.

Despite 40 on-duty security guards and a professional security company frisking clubbers before they entered, bouncer Alrick Howard Gairy, 24, of Mississauga, died after being shot three times in the chest by one of the dance club's patrons.

As loud music continued to pump through speakers and drunken, sweaty partygoers danced, a man lay dying and ultimately ended up having to be carried out of the club in a body bag.

Yet people would never know a fatality occurred because managers opted to keep the club open for nearly two hours after the shooting.

Several of the club's employees were so outraged after managers refused to shut down the establishment that they simply went home.

In an Aug. 14 Toronto Star article, owner Charles Khabouth defended his decision by saying he didn't want to start a panic by immediately shutting down the club, which contains eight large



Petra Lampert

rooms.

Well, weren't the 400 people on the dance floor in the Orange Room, where the shooting occurred around 2 a.m., already in a panic as they fled the room while the suspect tried to fight his way out of the club?

Khabouth said the Orange Room was immediately shut down and by 4:30 a.m. the entire bar was closed.

The bar was closed at 4:30 a.m.? Give me a break — isn't that the club's regular closing time?

The fact that club manager Khabouth didn't immediately close the club is disgusting and disgraceful. It shows a total disregard for the other patrons' safety and disrespect and a lack of sympathy for Gairy and his family.

How hard could it have been to start shutting down the club room by room with 40 bouncers? And if Khabouth was worried about causing a commotion he did not need to announce the reason for closing to his patrons. He did not owe them an explanation. But Khabouth did owe more to his employee, Gairy.

All Khabouth needed to do was stop serving alcohol and announce that the club was closing early. And if he couldn't have handled that apparently difficult task, I'm sure the police would have been more than happy to help him.

I certainly won't be setting foot in The Guvernment anytime soon, especially since there are many other (safer) bars in Toronto. And I

suspect other clubbers will think twice before they pay the \$10 cover charge to enter a club with a questionable history.

It's pretty sad when a bouncer like Gairy, whose only crime was being at work and doing his job, is killed. It's even more pathetic that we live in a world where we have to fear a gun-wielding maniac and the possibility of being shot and ending up on a stretcher when we are only going out to unwind and have some fun.

Yet this senseless act of violence in Toronto's club world is not uncommon.

Gairy is the third bouncer to be shot on the job in the city this year.

In March, another bouncer at an all-night unlicensed rave club, the Spin Cat, was shot dead after two men refused to allow him to do a body search.

And at The Web dance club, a half a block away from the Spin Cat, another bouncer was killed during a drug-related shooting on Valentine's Day.

As far as The Guvernment is concerned, this is already its second shooting. In November 1998, a bouncer directing traffic in the club's parking lot was shot in the leg.

And with action like that of Khabouth, who did not act quickly or appropriately in the face of such a tragedy, it is only a matter of time before another shooting takes place at the club.

SPOKE

Keeping Conestoga College connected

SPOKE is published and produced weekly by the journalism students of Conestoga College.

Editor: Tracy Ford; **News Editor:** Petra Lampert

Photo Editor: Tracy Ford

Advertising Manager: Julie Porter

Circulation Manager: Julie Porter; **Faculty Supervisor:** Jerry Frank

SPOKE's address is 299 Doon Valley Dr., Room 4B14, Kitchener, Ontario, N2G 4M4.

Phone: 748-5220, ext. 691, 692, 693, 694 **Fax:** 748-3534 **E-mail:** spoke@conestogac.on.ca

SPOKE is mainly funded from September to May by a payment from Conestoga Students Inc. (CSI), formerly called the Doon Student Association, in exchange for the insertion of advertising in the paper. The views and opinions expressed in this newspaper do not necessarily reflect the views of Conestoga College or the CSI. Advertisers in SPOKE are not endorsed by the CSI unless their advertisements contain the CSI logo. SPOKE shall not be liable for any damages arising out of errors in advertising beyond the amount paid for the space. Unsolicited submissions must be sent to the editor by 9:30 a.m. Monday. Submissions are subject to acceptance or rejection and should be clearly written or typed; a WordPerfect or MS Word file would be helpful. Submissions must not contain any libellous statements and may be accompanied by an illustration (such as a photograph).

Plaque presented to students

Woodworking class helps with safety photo shoot

By Tracy Ford

Ten woodworking students who worked together to complete a photo shoot to illustrate a health and safety guide were presented with a plaque on Aug. 11 acknowledging their efforts.

In a collective effort, the Workers Safety and Insurance Board (WSIB), the Industrial Accident Prevention Association (IAP) and the Ontario Furniture Manufacturers Association (OFMA) have compiled information to create a woodworking health and safety guide.

The intent of the guide is to reduce possible workplace accidents and illness.

Scott McKay, a member of the committee which brought the three groups together, said, "What we accomplished in a day would have taken three days if we had to go out to the industry and tried to do the same types of shots."

"What we accomplished in a day would have taken three days if we had to go to the industry and tried to do the same types of shots."

*Scott McKay,
member of the committee*

Kristi Pacey and Stephen Basilieres volunteered for the project and went to Toronto to discuss the possibilities involved with the assignment with the committee.

"They did everything from the design of the photo shoot to the delivery," said McKay. "When the professional photographer showed up, these folks had it all laid out, what shots, where to go and how to set them up."

Pacey, who had no prior experience with photography, said it was interest that drove her desire to complete the project.

"We had to put in so many hours for class anyway and it was really something that Stephen and I were interested in," said Pacey.

After putting together an organized outline of possible shots and a timeline, the pair recruited woodworking student volunteers to pose and complete 200 photographs in one day. All the photos were taken digitally and will be compiled on a disk for the school.

Pacey said the experience of organizing the shoot gave her valuable exposure to the industry.

The plaque reads, in part "The



From left, Leslie Creek from Krug Furniture, Stephen Basilieres, Krysti Pacey and Bruce McPhearson Jr. from Gibbard Furniture pose for pictures after Basilieres and Pacey were presented with a plaque recognizing the woodworking students who participated in a woodworking health and safety photo shoot.

(Photo by Tracy Ford)

WSIB, the IATA and the OFMA thanks and recognizes the following students from Conestoga College for their photo shoot contribution to be used in the wood-

working health and safety guide." The plaque recognizes 10 students, including Pacey and Basilieres and will be hung in the foyer of the woodworking centre.

New courses help engineers upgrade credentials

By Tracy Ford

Conestoga has established a new course designed to help engineers applying for admission to the Professional Engineers of Ontario, a regulating association for professional engineers.

The centre for engineering studies, a group of part-time continuing education courses, starts in September and will assist people with engineering diplomas prepare for the exams given by PEO.

Stelian George-Cosh, the centre co-ordinator, said the main goal of the courses is to assist new Canadians, who have obtained engineering diplomas in other countries, while preparing for the

testing. "Many newcomers are engineers and they settle in our area," he said.

"If they want to take the courses they have to commute to Toronto, so there is a need in our area for these courses."

*Stelian George-Cosh,
centre co-ordinator*

"It's a waste of a good engineer to deliver pizza."

There is one similar course

offered at the University of Toronto, but Conestoga is the first college to offer courses like these. George-Cosh said there are 1,000 applicants to the programs at the University of Toronto and half of them are from the Waterloo-Wellington region.

"If they want to take the courses they have to commute to Toronto, so there is a need in our area for these courses," he said. "We are just trying to satisfy that need."

The four preparatory courses are based on mechanical and chemical engineering, but George-Cosh said there will be 30 courses to cover mechanical, civil, and electrical and chemical engineering. There will be 10 to

12 students in each university-level class. George-Cosh said Conestoga's engineering graduates could also benefit from the courses when applying to the PEO.

"Our grads from engineering programs and technology grads also have a chance to go through this process," George-Cosh said, "and become professional engineers."

Graduates from college can apply to the engineering association, which will assign a certain number of courses the graduate must take before taking the exam. If the student passes the exam the student will become a member of the PEO.

"They are part-time because the applicants probably have day-time jobs," he said.

When engineers become members of the PEO, they can use P.Eng after their names—similar to the PhD title used by people who earn doctorates—and are able to perform certain jobs other engineers not in the associations can't. "Once you reach that level, you are entitled to these jobs you would otherwise not be," said George-Cosh.

"It's a significant difference between the salary of a P.Eng or just an engineer," he said.

The courses will run at the college as long as there are people wanting to take them.



**Physical Activity
How much?
How often?**

**Get it
Free!**

1-833-334-9769

www.paguide.com

CANADA'S
Physical Activity Guide
To Healthy Active Living

**Teaching English
as a Second Language**

NEW!

A One-Year Certificate Program
Starts this September
Call for more information
519-748-5220, ext. 656

**Conestoga
College**

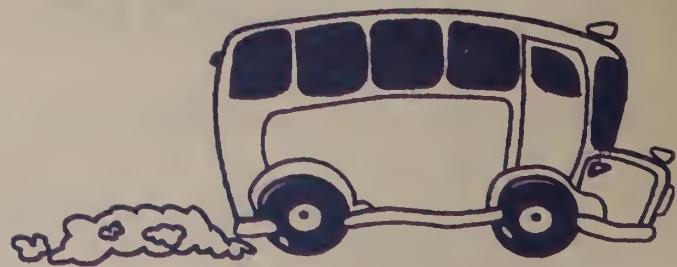
Welcome to Guelph Campus

Congratulations on your acceptance to Guelph Campus!



Congratulations on your acceptance to Guelph Campus!

Road Trip 2000



Schedule of Events

Plan to join the CSI as we welcome each and every one of you to the #1 College in Ontario. Each day, during our two-week schedule of events, we have planned something exciting for you to participate in. Be sure to take advantage of the many opportunities offered to you during the Week of Welcome - you won't regret it!

CSI Information Fair

August 28th - August 31 2000

What is the CSI anyway? Who are the members? How can I get involved? What services do other departments offer?

Find all this out and more at the CSI Information Fair.

Outdoor Movie - Road Trip

Monday, September 4

8:30 p.m. - Outside by the Pond

Bring lawn chairs and blankets - this movie is outside, baby! Featuring one of the summer's blockbuster hits. Admission and popcorn is FREE!!! Everyone is welcome!! Licensed event!

Casino Day

Tuesday, September 5

11:30 - 2:00 p.m. - The Sanctuary

Show up at the Sanctuary for some fun, games and laughs!!

Bus Trip to Sportsworld

Tuesday, September 5

Bus leaves Doon Campus at 4:00 p.m.

Enjoy an evening at Sportsworld. Batting cages, go carts, rock climbing. Prizes and other surprises too!

Pond Party & BBQ

Wednesday, September 6

11:00 a.m. - 2:00 p.m. - Outside by the Pond

Take a pit stop from the Road Trip and visit the Pond Party for free burgers and pop. Win cool prizes, hang out and party with Conestoga Students!

Roadside Attraction: Comedian Rick Bronson

Tuesday, September 7

11:30 a.m. - The Sanctuary

Prepare to laugh your pants off!!

STAY TUNED FOR MORE FUN EVENTS COMING TO A BULLETIN BOARD NEAR YOU!!!

Event information and tickets are available at the CSI office!

Pub Night at Loose Change Louie's

Thursday, September 7

Everyone Welcome. Bus will leave from residence at 8:30 p.m.

Everyone hold on!! It's gonna be a bumpy ride. Pile on to a big yellow bus from Rez, shake your groove thang, and get a safe ride home. What more could you ask for?

Movie of the Week

Friday, September 8

Free movie, free popcorn...be there!!

Molson's Goggles

Monday, September 11

11:30 a.m. - The Sanctuary

Test your driving ability by strapping on a pair of goggles and going for a ride!! Come and see for yourself.

Condor Ratio Station Remote

Starts at 11:00 a.m.- The Sanctuary

Conestoga College's own radio station will be broadcasting live from the Sanctuary. Lots of prizes to be won!

Concert: Choclair with Baby Blue sound Crew & Jully Black

Wednesday, September 13

The Recreation Centre. Doors open at 8:30 p.m. sharp

Don't miss the best concert ever! Choclair will be rockin' the rec centre with Baby Blue Sound Crew & Jully Black. Purchase your tickets at the CSI Office.

Psychic Dan Valkos

Thursday, September 14.

11:30 a.m. - The Sanctuary

Wouldn't you like to know where your future is going? Do you want to know what tomorrow brings?

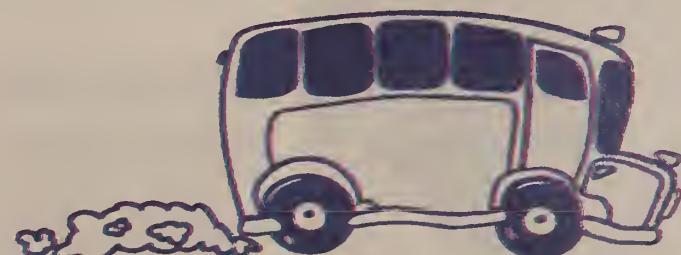
Come to the Sanctuary and check it out!

Movie of the Week

Friday, September 15

11:30 a.m. - The Sanctuary

Free movie..free popcorn..be there!



STAY TUNED FOR MORE FUN EVENTS COMING TO A BULLETIN BOARD NEAR YOU!!!

Event information and tickets are available at the CSI office!!

CSI represents students' concerns

By Petra Lampert

Conestoga College's student government, formerly called the Doon Student Association, has changed its name to Conestoga Students Inc.

CSI president Philip LeBeau said the DSA changed its name because it wanted to include Conestoga College's other campuses, like Guelph, Waterloo and Stratford, since the student association represents all students.

"We could see the college growing and we wanted to make sure things were in place for new students," said LeBeau.

The student association, founded in 1973, provides services and support to students. It represents the student body to government and college administration.

LeBeau said the CSI, which is a non-profit organization, offers

Conestoga students various services, advocacy, employment, volunteer opportunities and more.

Some student employment opportunities involve working as pub staff, board of director members and the walk safe program.

The CSI represents students at various committee and organization meetings such as the college board of governors, the ISO 9000 committee, the alumni association and the college council.

The student association also organizes entertainment and activities such as concerts and movie days.

LeBeau said the CSI will also fight for student rights, request additional funding for students in need of financial assistance and lobby for tuition freezes.

"We are the voice of students," he said.

LeBeau said the student associa-

tion will also get involved in any problems students may have with faculty, such as student appeals and faculty appraisals. He added the CSI will make sure the student's interest is put first.

"We address students' concerns and issues with the college management," said LeBeau.

He said the student association also represents students in the community by supporting various organizations, such as the Heart and Stroke Foundation and Mary's Place, a shelter for women.

LeBeau said he strongly recommends students participate in college activities and enjoy their college experience. He added the college has various clubs for students to get involved with.

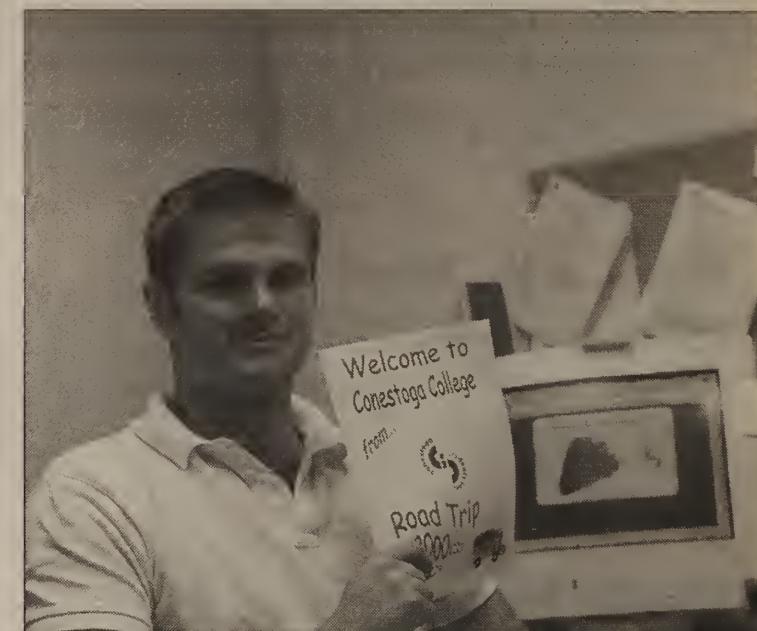
LeBeau said he's available anytime for students who want to come in to talk with him, or to express concerns. His office is in the CSI office, located at the back of the Sanctuary.

"I'd love to hear what they have to say," he said. "There's only one way to get better and that's through feedback."

First-year students interested in the student association's board of director elections, held in September, can pick up nomination papers and inquire at the CSI office in the Sanctuary.

The \$54.50 CSI activity fee and \$7 capital development fee are collected along with students' tuition and are used to supply students with activities and services.

LeBeau said the fees are one of



Phil LeBeau, CSI president, displays a student handbook for new students.

(Photo by Petra Lampert)

the lowest in the province and pay for everything students do and use at the college, like entertainment and lounge renovations.

Students wishing to know more about the CSI can attend its information fair on Aug. 28 to Aug. 31 from 11:30 a.m. to 1:30 p.m. in the Sanctuary.

The fair will address questions such as what the CSI is, who its members are, how students can get involved and what services other departments offer.

The student association is composed of both elected and hired

staff.

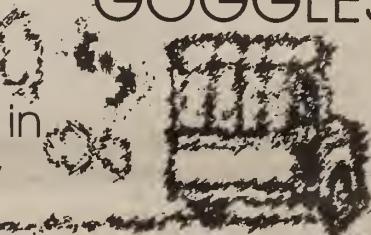
CSI executive members for the year 2000/2001 are LeBeau, president; Brad Whiteford, vice president of operations; Michael Harris, vice president of academics; Ramy Michael, vice president of student affairs; and Tracy Evans, vice president of student life.

More information on the CSI, or any of the services it provides, is available at the CSI office or at their Web site at www.Conestogasi.com, which also offers an Internet chat room.

Come See The World In . . .

Monday
September
11th @ 11:30 in
the Sanctuary

MOLSON
GOOGLES



Welcome to Waterloo Campus

Conestoga's Information Technology Centre



English Language Studies

Microcomputer Software Certificate

Systems Analyst

Technology Marketing

Food and Beverage Management

Employment Training Readiness

Academic Upgrading

Personal Support Worker

Focus for Change

Continuing Education

Training & Development

Conestoga
College



Good Luck & Good Success!

Students can turn to library staff for help

By Petra Lampert

New Conestoga students in search of answers often turn to staff at the college's Learning Resource Centre for help.

"We help people find information for projects," said Cathy Potvin, information services co-ordinator at the LRC. "If people need help they can come to the information desk."

The LRC is located beside the security office in the main building on campus and offers students a variety of services.

The resource centre uses a computer-based catalogue, which lists all books, audio-visuals, government publications, pamphlets, annual reports and magazine titles available at the library.

"New students should know that we have a lot of information that will help them with their courses," said Potvin. "We're very approachable and they should ask us for help if they need it."

Students can use a computer workstation to do research or look

for information, but it can't be used for personal use or e-mail. Workstations are located to the right of the Information Services desk in the LRC and have a variety of databases on them and CD-ROMs that can be used.

Some databases available are EBSCOHost, the Electronic Resource Library (ERL) and Britannica Online. EBSCOHost and ERL contain thousands of articles from Canadian and U.S. magazines and journals. The ERL contains Canadian content only and full text goes back to 1994.

The LRC also has a career resource, the Human Resources Development Canada (HRDC) computer workstation. Students can use it to search for employment and to get information on jobs.

The Doon campus library also has a Microform for students to use. This machine accommodates microfiche and microfilm, which can be used to look at old copies of newspapers and magazines that the centre no longer has on its shelves. With the Microform machine stu-

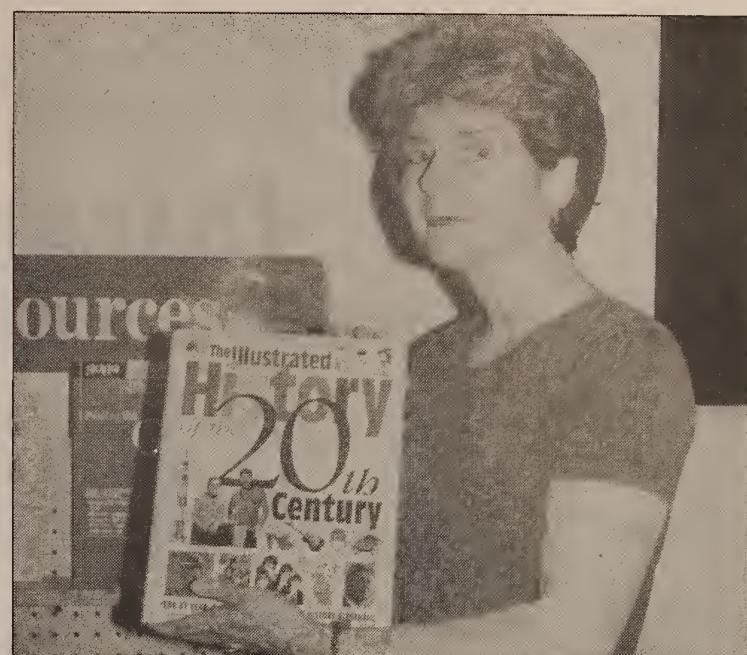
dents can read the film or fiche and print any articles they want. The library carries back issues of the Globe and Mail and the Financial Post newspapers.

Periodicals are shelved, in alphabetical order, at the back of the LRC and to the left of the information services desk. Current issues are shelved separately from the back issues. Back issues, except for nursing journals, magazines on reserve and current issues, may be signed out from the library.

Articles on a specific subject can be found in the periodical indexes located on the periodical index table or on the CD-ROMs available at the computer terminals.

Conestoga students, faculty and staff may sign out material from the LRC for two weeks. Students must bring a student card and may sign out two books per subject at one time. One renewal is permitted, provided there isn't a request for the book from someone else.

Audio visual cassettes and other material cannot be taken out. The LRC staff can provide further



Cathy Potvin, information services co-ordinator at the college's LRC, displays one of the centre's new resources.

(Photo by Petra Lampert)

information on which materials can be signed out.

Library materials can be returned to the drop boxes located inside the LRC by the circulation desk, or placed in the after hours book slot in the library door.

The college's LRC also provides students with other services like photocopiers, at 15 cents a copy and Thermofax (which is used to

make overheads), at 50 cents a copy.

The resource centre has four quiet study rooms, seminar rooms and audio visual rooms.

Starting in September, the library will be open from 8 a.m. to 7:30 p.m. on Monday to Thursday; Friday 8 a.m. to 4:30 p.m.; and 1 p.m. to 4 p.m. on Saturday and Sunday.

Security ensures Conestoga is safe place for students

By Julie Porter

Security services staff at Conestoga College try to ensure that the campus is a safe place to be.

"Our mandate is to provide a peaceful environment for students and teachers to work and study," said John Tribe, a security representative.

According to Tribe, security staff try to prevent incidents before they happen.

"We try to be proactive, not reactive," said Tribe.

Tribe said that the school is monitored 24 hours a day, seven days a week by 16 closed-circuit TV cameras.

"The system is being expanded," said Tribe. "The purpose of the cameras is enhanced safety."

Emergency phones, outdoor lighting and a program called Walk Safe are in place to make sure that students feel as safe as possible at Conestoga.

Currently there are three security people employed by the college to monitor security and 18 others who are contracted by the college to

keep it a safe environment.

"We're also an information centre. We can supply students and faculty with information and assistance in a multitude of topics," said Tribe.

He said if an incident happened, or a student had a security issue, security services would contact the proper agencies.

Tribe said that Conestoga College is a safe place, and that there were only three incidents of assault last year.

"That's a very small number considering the population."

Tribe said security services also does routine health and safety inspections, enforces parking regulations, and does a fair amount of speaking to faculty and other groups about safety on campus.

Security services and Conestoga Students Inc. operate the Walk-Safe program which provides an escort for those who are intimidated by walking to the parking lot.

Walk-Safe, which is run by Conestoga Students Inc. runs Monday - Thursday 6:45 p.m. to 10:45 p.m. and is accessed outside doors one and five.

HOUSING

Attention Students!!

Are you still seeking housing accommodations?

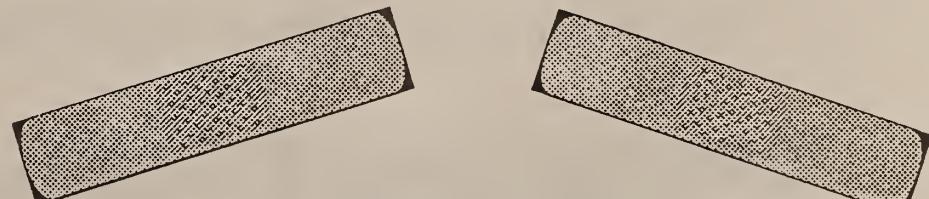
Come to Student Services - Rm 2B02

PEER SERVICES IS NOW HIRING!!!

✓ PEER TUTORS
✓ LITERACY LAB TUTORS
✓ WRITING TUTORS
***Tutors are paid \$9.50/hour**

✓ VOLUNTEER PEER HOSTS
**Meet new people from other cultures*

Come to Student Services (2B02) to apply



NEED MORE THAN A BANDAID SOLUTION?

YOU CAN VISIT A NURSE
OR MAKE AN APPOINTMENT TO SEE A DOCTOR
AT THE DOON HEALTH & SAFETY OFFICE (INSIDE DOOR #3)

We can also help with:

- ◆ allergy injections and immunizations
- ◆ non-prescription medications
- ◆ prescriptions from a Doctor
- ◆ health resources and information
- ◆ first aid
- ◆ blood pressure monitoring
- ◆ community referrals
- ◆ birth control counselling
- ◆ pregnancy testing
- ◆ a place to rest when you are ill

Athletics and Recreation

Intramural Sports

Intramural Programs Include:

Co-ed Slo-Pitch Ultimate Frisbee
Co-ed Volleyball Co-ed Basketball
Contact HockeyMen's Ball Hockey



2000-2001 Intramural Schedule

Note: Your team must have a captain or representative at the Captain's Meeting.

Session 1

Activity	Registration	Captain's Meeting
Co-ed Slo-Pitch	Sept. 4-13	Sept. 13 @ 4:30 p.m.
Ultimate Frisbee	Sept. 4-13	Sept. 13 @ 4:30 p.m.
Tennis Tournament	Sept. 4-13	Sept. 13 @ 4:30 p.m.
Tournament date scheduled for September 25.		

Session 2

Activity	Registration	Captain's Meeting
Co-ed Volleyball	Oct. 10-18	Oct. 18 @ 4:30 p.m.
Non-contact Ball Hockey	Oct. 10-18	Oct. 18 @ 4:30 p.m.
Contact Ice Hockey	Oct. 10-18	Oct. 18 @ 4:30 p.m.
Co-ed Basketball	Oct. 10-18	Oct. 18 @ 4:30 p.m.

Session 3

Activities to be posted

For more information please contact Marlene Ford at 748-5220 ext.452

Extramural Sports

Activity	Date
Men's Fastball	October 5
Contact Hockey	February 9



Please contact Marlene Ford at 748-5220 ext.452 for registration and tryout information

Athletics and Recreation

SAC (Student Athletic Committee)

The Conestoga College Athletics and Recreation Department requires a few good women and men for the 2000-2001 Student Athletic Committee. Are you the right person?

SAC requires 8-10 people who have a love for sports and enjoy interacting with others. You do not have to be an athlete to be a member of SAC.

A position with SAC involves the organization of sporting events for students. As a member of SAC you will gain valuable leadership experience, demonstrate responsibility and your ability to work with a team.

As a member of SAC you will gain valuable leadership experience, demonstrate responsibility and learn to work within a team.

All positions are for one year and it is based on a honourarium. Please contact Marlene Ford at 748-5220 ext. 452 for more information.

Jobs!

Looking for employment?

There are many part-time employment opportunities within the Conestoga College Athletics and Recreation Department.

Below is a list of part-time positions available for the 2000-2001 academic year. For more information or to apply for any of the positions listed below, please contact the

Recreation Centre

at 748-3512.

**Scorekeepers
Timekeepers**

**Varsity Team Managers
Mascot (Cliff the Condor)
Hockey Game Announcer**

**Videographer
(demo tape required)**

**Photographer
(samples of work required)**

**Concession Attendants
Condor Roost Bar Staff
Athletics Receptionist**

Varsity Tryouts

Women's Softball

Coach Mitch Keirstead

Monday, August 28, 2000

4:30 p.m.

Diamond One

Outdoor Soccer

Men's Coach Geoff Johnstone

Women's Coach Stephanie Den Haan

Monday, August 28, 2000

4:30 p.m.

Soccer field

Men's Hockey

Coach Ken Galerno

Tuesday, September 5, 2000 5:00 p.m.

Recreation Centre Arena

For more information please contact the Recreation Centre at 748-3512.



News

Fly Higher,
Read Spoke

Know Your Student

Rights



Conestoga Students Inc. is pleased to provide all Conestoga students with this summary of Rights and Responsibilities. If you have any questions or require any assistance with something not addressed here, come in and see us in the Sanctuary or call the CSI office at 748-5131.

Conestoga Students Inc.
299 Doon Valley Drive, Kitchener, Ontario N2G 4M4 Tel: (519) 748-5131 Fax: (519) 748-6727
e-mail: lisen@conestoga.on.ca web: www.conestogasi.com

What Do You Do...

- ...if you are away from home for the first time and feeling lonely?
- ...if you are experiencing personal problems?
- ...if you are anticipating academic problems?
- ...if you are worried about tests, presentations or your placement?
- ...if you are not sure your previous study habits will work for you in College?
- ...if you have questions, concerns about anything?

Don't wait Don't hesitate. We are here to help you succeed.

See a Counsellor in Student Services at your campus

FREE AND CONFIDENTIAL!

Drop in to Room 2B02 Student Services Doon Campus or call us at 748-5220 Ext. 360 or 337.

Student Services Office/Waterloo Campus Ext. 224.

Student Services Office/Guelph Campus 824-9390.

COUNSELLOR'S CORNER: CHANGE

As you begin your new semester at college, you will begin the process of change. Whether you are leaving your parents for the first time or you are parents leaving your children, the transition will feel exciting and perhaps a bit stressful too. Change means an ending and even if you are welcoming this change, it's natural to resist new ideas and ways of doing things.

William Bridges, who writes about transitions, says four things can help us through that uncomfortable time between the old and new. First, try to do things that make you feel more in control, like getting the information you need to find your way around. Understand that this is a transition time and if you feel overwhelmed, it doesn't mean going to school was a bad decision, you are just in transition. Find support systems in your family, old friends, new friends, your teachers and counsellors in Student Services. And finally keep in mind your purpose in coming to school; focus on this outcome.

Remember you are not alone in this transition time. If you do need more support, come to Student Services, inside Door #4. Counselling services are confidential and free.

Lacey receives Gammagard, a blood by-product, on a weekly basis. Without it, her life wouldn't be the same.

Would you help?
In just one hour, you could save as many as four lives.
As a blood donor, you're eligible to give blood every 56 days—
yet someone in Canada needs blood every minute of every day.
Please help by giving blood.

For clinic information,
call: 1-888-871-7201

CANADIAN BLOOD SERVICES
Blood. It's in you to give.

Services

Doon Services

**Send or Receive
Prices vary for local & long distance**

**Colour Photocopier
8.5" X 11" is \$1.10/ copy**

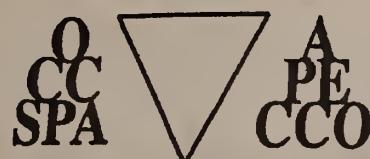
**Laminating
8.5" X 11" is \$1.50/page**

**Colour Printing
8.5" X 11" is 30¢ per page**

**Scanning
55¢ / scan**

**Your one-stop shop
for printing needs**

**all prices include GST
prices subject to change without notice**



Ontario Community College Student Parliamentary Association
Association parlementaire des étudiants des collèges communautaires de l'Ontario

OCCSPA/APECCO

The Ontario Community College Student Parliamentary Association is a lobbying and networking group for students of Ontario's community colleges. It is student-run, bilingual association committed to the pursuit of excellence in education.

Association parlementaire des étudiant(e)s des collèges communautaires de l'Ontario est un groupe de pression. Cette association bilingue, dirigée par les étudiant(e)s, est engagée dans la poursuite de l'excellence en éducation.

VISION

The purpose of OCCSPA/APECCO is to represent and relay, vocally and publicly, the concerns of community college students. The underlying value is to create an ideal learning experience and ensure that education is affordable, accessible, transferable and of high quality. The end result is to maintain a centralized organization for students to discuss and respond to issues of concern to community college students in Ontario.

180, rue Dundas Ouest, Suite 1508/Suite 1508, 180 Dundas Street West, Toronto, Ontario M5G 1Z8
téléphone/telephone: (416) 340-1212 • télécopieur/Fax: (416) 341-0358
email: occspa@Interlog.com

www.occspa.on.ca

www.beatgoeson.com' is also present."/>

Now just \$9.95
for installation.

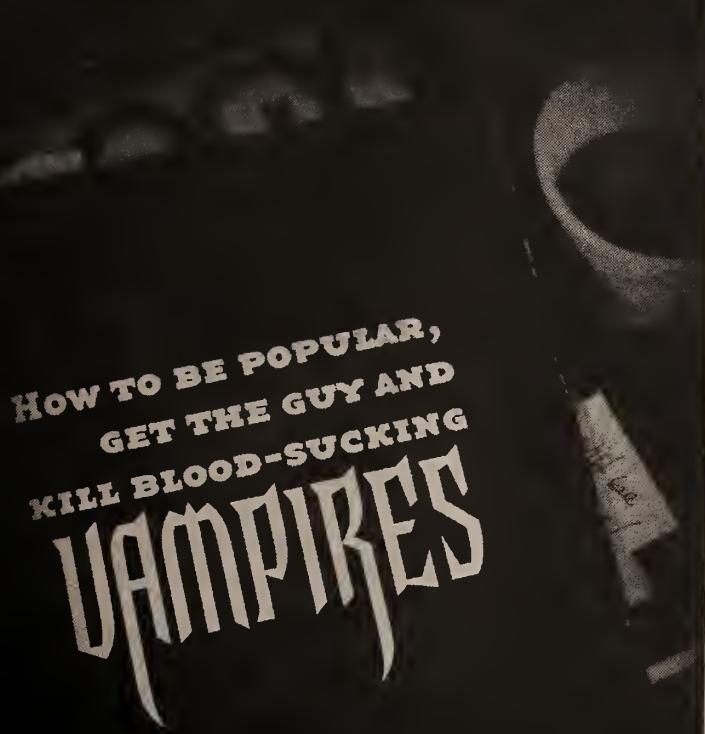
And to round out your education even more, we've got a great offer on Rogers™ @Home®, The Internet on Cable.

Call 1-888-ROGERS1



Valid student identification required. PST/GST and connection/relocation fees extra. This offer cannot be combined with any other promotion. Offer expires October 31, 2000. @Home and the @ logo are trademarks of AT&T Corporation and may be registered in certain jurisdictions. TM Rogers is a trademark of Rogers Communications Inc.

SOME THINGS YOU
CAN ONLY LEARN
ON CABLE.



Conestoga Present



Students

CHOCOLATE

WEDNESDAY SEPTEMBER 13, 2000
AT THE RECREATION CENTRE

00480000 377382233333
2 * * 44 *

TICKETS:
\$10 In Advance
\$15 At Door

GET YOUR
TICKETS IN
THE CSI
OFFICE
INSIDE THE
SANCTUARY
AT THE DOON
CAMPUS